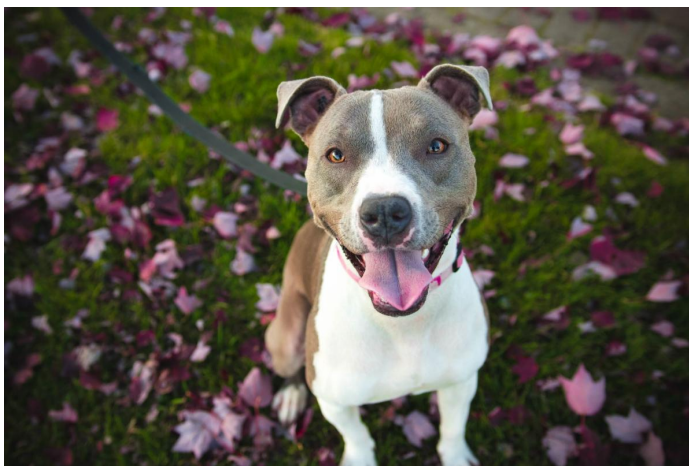




Wags and Purrs Comfort Corner

National Pit Bull Awareness Month



October is Pit Bull Awareness Month and what better way to celebrate than by sharing some fun facts about Pit Bulls!

Pit Bull isn't actually a breed, but an umbrella term covering the American Pit Bull Terrier, the Bull Terrier, the American Staffordshire Terrier, and the Staffordshire Bull Terrier.

Like Dobermans, German Shepherds and Rottweilers before them, Pit Bulls are often targeted as an inherently aggressive breed but this is simply not true. Like all dogs, every Pit Bull has its own unique personality - some are silly and fun, others serious and job oriented and some are even couch potatoes who love to cuddle! Pit Bulls work as therapy and service dogs, search and rescue dogs and police dogs. One particular Pit Bull was even a war hero! The most decorated dog of World War I was a Pit Bull named Sergeant Stubby. If that isn't impressive enough, they can be television stars too! Petey, the ever faithful companion of The Little Rascals, was a Pit Bull.

Health Tip for the Season

Obesity in pets can lead to serious medical conditions and increase the risk of joint issues. To help pets keep a healthy weight, feed them nutritious treats like baby carrots and green beans and provide them with daily walks. If a pet is already overweight, start them out with short walks once a day, then move on to short walks twice a day and slowly work up to longer distances. Watch for signs that your pet may be in pain, tired or uncomfortable and work within your pet's comfort zone.

Training Tip for the Season

Halloween is synonymous with costumes but not all pets like to wear them. Some pets can

Pit bulls are extremely intelligent and will flourish with proper modern, scientific based, positive reinforcement training. As a working dog, they are also high energy and often excel in athletics and agility courses.

Due to their undeserved reputation, many insurances won't cover Pit Bulls and some areas even have breed specific legislation leading pit bulls to become the most common breed found in shelters.

So how can you help celebrate Pit Bull Awareness Month? Educate others on the many positive qualities of the Pit Bull. If you are the pet parent of one of these wonderful dogs, share your stories with others and post pictures of those gorgeous Pit Bull smiles. If you are looking to become a pet parent, consider adopting a Pit Bull or mix from a local shelter or rescue. For the month of October, be their voice and help the Pit Bull shed all those nasty myths.

be trained to tolerate dressing up but if a pet is showing signs of stress or discomfort, don't force your pets to wear a costume.

Pet Sitter Tip for the Season

If your pet is trying to lose weight, let your pet sitter know and provide information on proper treats and amounts so your pet sitter can reinforce good behaviors while still keeping your pet trim and fit.

Featured Organization of the Month



Live Like
Roo

Live Like Roo Foundation is a volunteer-run 501c3 that assists animals through a cancer diagnosis by providing financial and emotional support to their owners. Through grants, care packages, special experiences and genuine human support and kindness, The Live Like Roo Foundation has been able to assist over 8200 pets and their families through cancer diagnoses.

Having experienced this devastation first-hand with the loss of Roosevelt, The Live Like Roo Foundation strives to be a helping hand in a difficult and sometimes confusing time. We want to be a real life sounding board and support system for people that need guidance and hope, sharing compassion and strength along the way. Ultimately, our mission is that you and your pet will #LiveLikeRoo.

We are nationwide, but are based in Chicago. Since 2016, we have granted over \$500,000 to families going through one of the most difficult times of their lives. We also send cancer care packages that include a blanket, a tennis ball, toys, treats, a McDonald's gift card, and tissues. All of the things that Roo the rescue dog loved. All of this in the name of a dog named Roo, who passed away far too soon from cancer. We created a bucket list and he lived life to the fullest for 5 months, inspiring others to live every day like it is your last-Live Like Roo.

Donations can be made at livelikeroo.org/donate

Find Live Like Roo Foundation online:

Website - <http://livelikeroo.org>

Facebook - <http://facebook.com/livelikeroo>

Instagram - <http://instagram.com/livelikeroofoundation>

Twitter - <http://twitter.com/livelikeroo>

October Birthdays



These pets will be celebrating a birthday in the month of October!

Sabrina Pollak
John Myers
Kiki Wellman
Ruby McGuigan
Rosie Cortez
Lyric Paal
Minnaloushe/Meena Roe
Thor Vukas
Moe Pollock
Lola McGowan
Aurora Petrie
Cocoabean Haalman
Charlie McGowan
Max Dull
Sherbert Konek
Duchess Ackerman
Kali Davis
Buddy Arnold
Buddy Streussnig
Libby Surgent

Sharky Karelitz
Grady Cunningham
Kiwi Cunningham
Grayson Lupovitz
Skye Schroeder
Chunk Slobodnyak
Nudge Middleton
Binx Arcuri
Brody Radzevich
Greyson Miller

Happy Birthday, all! Paw-ty hard!

Healthy Homemade Treats for the Season

Pumpkin Apple Dog Treats

Ingredients:

- 4 - 4.5 cups oatmeal, plus additional
- 1 medium apple
- 1 egg
- 1 cup canned unsweetened pumpkin puree



Directions

Preheat oven to 400 degrees F. Grind the oatmeal down in a food processor or blender. Transfer to mixing bowl.

Core apple, being sure to remove all of the seeds. Grate apple, and add to bowl with oatmeal.

Add egg and canned pumpkin to bowl and mix well to combine. The mixture will be thick and slightly sticky.

On a surface dusted with oatmeal (ground or not, your choice) roll the dough out to approximately 1/2" thick. Use a doggy bone cookie cutter to cut dough into shapes, and transfer to a lined baking sheet.

Bake for approximately 12-15 minutes, or until golden and crispy. Allow to cool to room temperature, then store in an airtight container for up to a week.

Pumpkin Pie Cat Treats

Ingredients

- 2 cups brown rice flour
- 1/2 cup uncooked oatmeal
- 1 cup canned unsweetened

- pumpkin puree
- 1 cup grated carrots
- 1/2 cup unsweetened plain
- applesauce
- 1/4 cup brown rice flour for rolling

Directions:

Preheat oven to 350 degrees.

In a food processor blend pumpkin, applesauce, and carrots until smooth. Mix brown rice flour and oatmeal in a bowl. Add wet ingredients to the dry and mix by hand until dough forms.

On a floured countertop or cutting board, roll dough to about 1/4-inch thick. Use cookie cutter to form cute shapes or cut into small squares.

Place cookies on a greased cookie sheet and bake for 7 minutes. Flip treats over and bake for another 5 minutes. Remove from oven and cool thoroughly. Store in fridge or freezer; keeps for months.



Barking Truth

Barking Truth
By Comfort at Home Pet Services

Clients, followers and friends have voiced their appreciation of our educational blogs and monthly newsletters and have urged us to release a pet care podcast. We are excited to announce that we have answered the call with Barking Truth, a podcast exposing the truth in the pet industry to keep all pets safe, healthy and well.

We will be releasing a new podcast every Wednesday and hope you can tune in and support pets everywhere by uncovering the truth of pet care.

Be sure to follow us on Anchor, Spotify or your favorite podcast service.



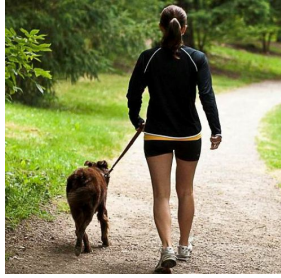
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Please email suggestions to Jen@comforthomepetservices.com

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