

## Wags and Purrs Comfort Corner

Pet Wellness Exams



All pets under the age of 6 years old need to see a veterinarian for yearly wellness exams. It's recommended that pets over the age of 6 years old should schedule a wellness exam twice a year. As pets age, aliments become more common and seeing a vet twice is year gives your pet a better chance of finding something before it becomes an emergency. Starting at age 8, a pet should have a full baseline blood panel.

All pets are a little different, and starting wellness exams as a puppy will allow your veterinarian to become familiar with your particular pets and have a complete medical history on file.

During the wellness exam, the vet will ask questions about the pets eating habits, activity levels and general overall health and wellness.

The pet will have their weight taken to know the pet is in a healthy weight range for their breed and

## Health Tip for the <u>Season</u>

October means Halloween and Halloween means candy. Lots of candy - sitting around in bowls, lying on counters awaiting trick-ortreaters, and, on Halloween night, in the bags and buckets of happy children.

Always make sure any type of candy is out of the reach of pets. Chocolate and Xylitol(found in sugar free gums, candy and certain types of peanut butter) are extremely toxic to pets.

#### <u>Training Tip for the</u> <u>Season</u>

Halloween can be very scary for pets! They don't understand the costumes, the constantly ringing doorbell or the droves of people walking around outside their doors. Even well trained pets can get spooked and try to make use of an open door to make their escape.

For their safety, all pets

body type. The veterinarian will then perform an overall health inspection, including checking eyes, teeth, joints and vital signs such as their temperature, pulse, and respiration.

Some veterinarians will require a urine or fecal sample to be brought in during a scheduled wellness exam. Urine samples can provide clues to a pet's overall health, such as kidney function and checking glucose levels for signs of diabetes. Stool samples are checked for any signs of parasites, such as worms.

The veterinarian may ask for a blood sample to check the pet's blood cell count for signs of anemia or thyroid function.

Thanks to the many breakthroughs in veterinary medicine, wellness exams are more important than ever. If something is found, the sooner a diagnosis is made, the better the chance for a positive prognosis. Waiting until a pet is showing obvious signs of distress puts their prognosis at a disadvantage. should either be crated or blocked off in a different room during trick-or-treat hours.

# Pet Sitter Tip for the Season

Autumn brings shorter days and longer nights. For the safety of both your pets and our Professional Pet Care Specialists, we don't walk dogs after dark.

If we are going to let your dog out into the yard for a potty break after dark, please leave an easily accessible flashlight nearby for us to use.

### Featured Organization of the Month



#### Crisis Response Canines

Crisis Response Canines (CRC) is a non-profit 501c3 organization comprised of members throughout the United States who have dedicated thousands of hours comforting individuals impacted by personal or community crisis events with their certified K-9 partners. CRC volunteers services that are provided by the handlers and their canine partners' offering a level of comfort and calmness that only a canine can afford.

The mission of Crisis Response Canines is to provide strength, comfort, and emotional support to individuals, families, communities, and first responders experiencing intense emotions in the aftermath of critical incidents. Our highly trained K9 teams are experienced in psychological first aid and certified to work effectively in crisis environments supporting any affected by mass shootings, large-scale accidents, violence, abuse, tragic death, suicides, terrorism, natural disasters (fire, flood, hurricane, etc.), and more. Our goal is to establish a nationwide network of canine crisis response teams who can be deployed immediately where they are needed most.

Our volunteer members and their canine partners have achieved national therapy dog certification, AKC Canine Good Citizen (CGC) Certification and Crisis Response Working Dog certifications.

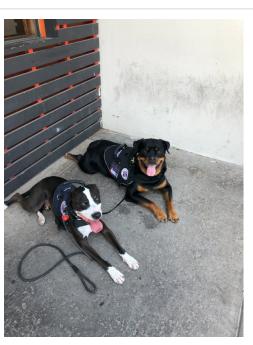
CRC Members Have Participated in the Following National Crisis Deployments:

- Orlando, FL | Pulse Nightclub-mass shooting
- Las Vegas, NV | Mandalay Bay Hotel/Route 91 Harvest Festival-mass shooting
- Sutherland Springs, TX | First Baptist Church-mass shooting
- Parkland, FL | Marjory Stoneman Douglas High School-mass shooting
- Paramus, NJ | East Brook Middle School Tragic Bus Accident
- Pittsburgh, PA | Tree of Life Synagogue mass shooting
- Virginia Beach, VA | Municipal Center | Mass Shooting
- El Paso, TX | Walmart | Mass Shooting
- Dayton, OH | Ned Peppers Bar/Oregon District | Mass Shooting

Donations can be made to Crisis Response Canines at paypal.me/crisiscanines

#### Pictures of Crisis Response Canines during their recent deployment to El Paso after the mass shooting.







October Birthdays



These pets will be celebrating a birthday in the month of October!

Binx Arcuri Buddy Arnold Ruby Chatlos Iggy Conte Rosie Cortez Kali Davis Sharky Karelitz Sherbert Konek Grayson Lupovitz Charlie McGowan Lola McGowan Ruby McGuigan Greyson Miller Missy Nicassio Lyric Paal Sabrina Pollak Skye Schroeder Julie Surgent Libby Surgent

## Happy Birthday, all! Paw-ty hard!

### Healthy Homemade Treats for the Season

## Pumpkin Apple Dog Treats

Ingredients

- 4 4.5 cups oatmeal, plus additional
- 1 medium apple
- 1 egg
- 1 cup canned unsweetened pumpkin puree



Directions

Preheat oven to 400 degrees F.

Grind the oatmeal down in a food processor or blender. Transfer to mixing bowl.

Core apple, **being sure to remove all of the seeds.** Grate apple, and add to bowl with oatmeal.

Add egg and canned pumpkin to bowl and mix well to combine. The mixture will be thick and slightly sticky.

On a surface dusted with oatmeal (ground or not, your choice) roll the dough out to approximately 1/2" thick. Use a doggy bone cookie cutter to cut dough into shapes, and transfer to a lined baking sheet.

Bake for approximately 12-15 minutes, or until golden and crispy. Allow to cool to room temperature, then store in an airtight container for up to a week.

## Pumpkin Pie Cat Treats

Ingredients:

- 2 cups brown rice flour
- 1/2 cup uncooked oatmeal
- 1 cup canned unsweetened pumpkin puree
- 1 cup grated carrots
- 1/2 cup unsweetened plain applesauce
- 1/4 cup brown rice flour for rolling



Directions:

Preheat oven to 350 degrees.

In a food processor blend pumpkin, applesauce, and carrots until smooth.

Mix brown rice flour and oatmeal in a bowl. Add wet ingredients to the dry and mix by hand until dough forms.

On a floured countertop or cutting board, roll dough to about <sup>1</sup>/<sub>4</sub>-inch thick. Use cookie cutter to form cute shapes or cut into small squares.

Place cookies on a greased cookie sheet and bake for 7 minutes. Flip treats over and bake for another 5 minutes. Remove from oven and cool thoroughly. Store in fridge or freezer; keeps for months.

