



## Wags and Purrs Comfort Corner

### Life of a Pet Sitter



Every March we take a week to celebrate Professional Pet Sitters and everything they do for the pets in their care,

but how much do you really know about the life of a Professional Pet Care Specialist?

The first thing to know is that no two days are ever the same. One day could be spent laughing at the silly antics of playful puppies and kittens and the next could be spent holding the hand of a dear client as they say goodbye to a beloved friend. There is always the possibility of the day ending being covered in pet hair, slobber, vomit, fecal matter or urine - that just comes with the cost of devoting your life to pets.

Pet care isn't just a job, and it's definitely not a hobby for a few bucks, it takes persistence, determination, dedication and commitment. Professional Pet Sitters must always be vigilant to the pets in their care. A loose dog on a walk, a speeding vehicle or a slipped harness could all lead to disaster and a Professional Pet Care Specialist must be aware of these at all times. Education is key to knowing the signs and symptoms of injury, illness and disease and pet sitters are always keeping an eye on the pets in

### Health Tip for the Season

March is Poison Prevention Awareness Month and the perfect time to check your house for potential poisoning risks to your pet. Household chemicals and cleaners are the leading cause of poisoning in pets. Keep all cleaners and detergents out of reach of pets and safely locked away. In the unfortunate circumstance that your pet does get into a poisonous chemical, call either the ASPCA Animal Poison Control Center at 1-888-426-4435 or Pet Poison Helpline at 1-800-213-6680 as soon as possible.

### Training Tip for the Season

Our pets need mental exercise in addition to physical exercise. Mental stimulation helps pets learn, burn energy, reduce anxiety and relieve boredom. Mental stimulation toys don't need to be expensive, like the Kong featured below, and can even be made with items already found around the house. For

their care of anything that might be out of the ordinary.

Professional Pet Care Specialists pride themselves on being educated on the latest pet health and wellness issues. They are deeply invested in their clients and pets and often will take the time to discuss health, nutrition, wellness and training with their clients. Pet parents know their pet professional is knowledgeable on all areas of pet care and often seek out advice so their pets can live their best lives.

Being a Professional Pet Care Specialist is a huge responsibility, but that's not to say it's all tension. Pets always seem to know when we need a good laugh. Whether it's playing a spontaneous game of hide and seek with a shy cat or ending up in the back of a police car with a dog, there are days when all that can be done is laugh and shake your head.

Whether the day is full of stress, laughter, or heartache, Professional Pet Care Specialists always give their all to the pets in their care and are deserving of the appreciation, support and admiration given to them during Professional Pet Sitters Week!

more many more great mental stimulation ideas, check out our blog post [Mental Stimulation for Pets](#)

### Pet Sitter Tip for the Season

March 5-11 2023 is Professional Pet Sitters Week! This week is a time to celebrate our Professional Pet Care Specialists for all they add to our lives and the lives of our pets. Educated, insured and bonded Professional Pet Care Specialists provide peace of mind for pet parents that their beloved pet will be given superior care whether while on an extended vacation or just a normal workday. Take a moment during Professional Pet Sitters Week to show appreciation for those who give so much all year long!

### Featured Product of the Month



Kong

One of the easiest ways to provide mental stimulation for your pet is with a Kong. Pictured above is the classic, red rubber Kong for average chewers but Kongs come in various sizes to fit a dog's age and chew force.

The KONG Classic is the gold standard of dog toys and has become the staple for dogs around the world for over forty years. Offering enrichment by helping satisfy dogs' instinctual needs, the KONG Classic's unique natural red rubber formula is ultra-durable with an erratic bounce that is ideal for dogs that like to chew while

also fulfilling a dog's need to play. (credit to [www.kongcompany.com/](http://www.kongcompany.com/))

Kongs are non-toxic and can be stuffed with treats, peanut butter or food to keep a pet busy. The Kong website even has a mouth-watering recipe page of what can be added to a pet's Kong.

## March Birthdays



## March Pet Birthdays

Vinny Radzevich  
Luna Ioannou  
Violet Klaput  
Remi Errico  
Duppy James Miller  
Sophie Regrut  
Mouse Koncz  
Momma Wolfe  
Kipper Hommel  
Koda Klaput  
Roscoe Zadrozny  
Stanley Ashley  
Ranger Zadrozny  
Dexie Hammill  
Jasper Chen  
Mopsie Berard  
Lacey Senchak  
Liam Emile  
Kingsley Brenner  
Jolene Slobodnyak  
Kit Kat Wolfe  
Goose Middleton  
Saya Berard  
Gracie Perrone  
Sydney Perrone  
Tucker Ashley

Happy Birthday, all! Paw-ty hard!

Healthy Homemade Treats for the

## Spinach, Apple & Carrot Treats

### Ingredients

- 3/4 c Coconut Flour
- 1 tsp Canola Oil
- 3/4 c Water
- 2 Eggs Organic
- 1/2 c Baby Carrots
- 1.5 c Spinach
- 1 Apple

### Directions

- Preheat oven to 350
- Combine coconut flour, canola oil, eggs and water together in a bowl and mix until your dough is smooth, set aside
- Peel, core and slice apple making sure to remove ALL seeds
- Puree or blend together spinach, apple and carrots
- If you have to add water make sure to drain all the excess water out from your puree mixture
- Mix the pureed apple, spinach and carrots together with the dough until evenly combined
- Take a cookie sheet pan and arrange treats on the sheet using a cookie cutter; or take small pieces of the mixture, roll in your hand, and lie flat to make small round treats
- Bake for about 20-30 minutes until slightly browned and cooked



## Spinach and Chicken Cat Treats

### Ingredients

- 1/2 pound steamed organic boneless and skinless chicken thighs
- 1 cup fresh organic spinach leaves
- 1 cup organic quick-cooking oats
- 1 organic brown egg
- 1 tablespoon organic catnip
- 1/4 cup flour



### Directions

Preheat your oven to 350°F.

Steam the boneless and skinless chicken thighs until cooked through. You can swap for boneless and skinless organic chicken breasts, salmon, or tuna with cat loving results too. Let the chicken cool for 20 minutes before the next step.

Place the chicken, oats, spinach leaves, egg, and catnip in a blender or food processor, and pulse on low until the mixture blends together. It should still be a bit chunky but also smooth, similar to the texture of wet sand.

Pop the mixture into a bowl and add the flour. You can also add a dash of salt or sugar to mix up the flavor. Use your hands to knead the dough until it's no longer

sticky, then place on a flour-dusted work surface.

Use a rolling pin to create a rectangle of dough around 1/2 inch thick. With the help of a pizza cutter or small cookie cutter, create small shapes for the finished treats.

Place the kitty treats on a parchment-lined sheet tray, and bake for 20 minutes.

Remove from the oven, cool until room temperature.

## Barking Truth



Clients, followers and friends have voiced their appreciation of our educational blogs and monthly newsletters and have urged us to release a pet care podcast. We are excited to announce that we have answered the call with Barking Truth, a podcast exposing the truth in the pet industry to keep all pets safe, healthy and well.

We will be releasing a new podcast every Wednesday and hope you can tune in and support pets everywhere by uncovering the truth of pet care.

Be sure to follow us on Anchor, Spotify or your favorite podcast service.



Wags and Purrs Comfort Corner strives to provide educational, informative and fun content to our readers! We love hearing your feedback on our newsletters and blogs and want to know what you, dear reader, would like to see in future newsletters and blogs. Are there topics you are interested in that we haven't covered or you would like more specific information? Please feel free to let us know. We'd love to hear from you!

Please email suggestions

to [Jen@comforhomepetservices.com](mailto:Jen@comforhomepetservices.com)

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