



Wags and Purrs Comfort Corner

Summertime Dangers



Summer can be the perfect time to have fun while bonding with your pet in the great outdoors but before venturing out on your first big adventure together, be aware of the potential dangers of summertime

and the heat.

Heat related health risks are the most common this time of year and can include heat exhaustion, heat stroke, burns and dehydration. To lower the risk of heat stroke, and possible death, never leave a pet unattended in a hot car. If the outside air temperature is 80 degrees, the temperature inside your car can reach a life threatening 130 degrees! The sun soaked asphalt and pavement can also reach injury causing temperatures leading to paw burns. Walking on hot pavement, concrete or asphalt can easily cause severe burns within 30 seconds! If the temperatures are above 85 degrees, walk your pet in the grass or provide them with some inside fun until the temperatures cool off.

While outside playing with your pet in the summertime, a bowl of fresh water should be available to pets at all times. Dehydration can come on very quickly on hot days during playtime and raises the risk of even more serious illnesses.

Health Tip for the Season

Many pet parents believe that shaving a pet will help them keep cool in the hot summer months, but shaving a pet's coat can actually do more harm than good. A dog's coat helps them to regulate their body temperature and shaving a pet can make them feel hotter! In addition, a shaved pet has an increased risk of sunburn, skin cancer and heat related illness.

Training Tip for the Season

Baby pools are a great way to train your pet while keeping them cool and having fun! Fill the baby pool with a few inches of water and toss in treats or toys or your dog to fetch. If your pet is a

Heat exhaustion can come on very quickly and sometimes be difficult to notice. Panting when playing outside is normal, especially during hot days. However, excessive panting, drooling, reddened gums, and uncoordinated movements are signs of serious heat exhaustion and possibly even heat stroke. If you notice any of these signs, start treatment immediately. Get the pet to a cooler area - an air conditioned house or car, in front of a fan or if outdoors without access to electricity, use something to hand fan them. If possible, wet the pet down with cool – NOT COLD – water. Cold water could send a pet into a seizure or shock.

If your pet is cooling off from the summer heat in a pool, hose or outside water source, make sure they aren't continuously drinking the water. Excessive water consumption can lead to water intoxication. Water intoxication happens when more water is in body fluids than it can process, causing sodium levels to become too low. As sodium maintains muscle function and blood pressure, an electrolyte imbalance can cause damage to the nervous system and even brain swelling. While water intoxication may not sound dangerous, it is potentially life-threatening. Symptoms of water intoxication include loss of coordination, staggering, vomiting, nausea, lethargy, bloating, glazed eyes, dilated pupils, excessive salivating and light colored gums.

Another risk of pets playing in bodies of water is accidental drowning. Even if your pet is a good swimmer, they should never be left alone while swimming or playing near water. Something as simple as a slip or cramp can quickly turn dangerous for your pet.

Humans and pets aren't the only ones who enjoy the warmer weather, so do insects! If your pet happens to end up on the wrong end of a bee, wasp or hornet stinger, carefully remove the stinger with tweezers, apply an ice pack for swelling and contact your veterinarian to see if it's safe to give your pet an oral antihistamine. If your pet is having trouble breathing or showing signs of distress, get them to an emergency health care professional immediately!

Warmer temperatures and access to the great outdoors can make for some fun memories with your pet, but knowing the signs of heat related illness and water safety can help ensure those memories are good ones!

digger, add some sand in the bottom of the pool and bury their toys in the sand and let them play a splashing game of hide and seek!

Pet Sitter Tip for the Season

One of the most common heat related injuries for pets is burnt paw pads. If the air temperature reaches 85 degrees, sun scorched asphalt can reach a dangerous 135 degrees, easily burning a pet's pads. For this reason, your Pet Care Specialist will limit walks and reduce outside time to no more than 15 minutes on days when temperatures reach 85 degrees or higher. Instead, your Pet Care Specialist will play indoors and provide mental stimulation games for your pet.

In Memory of Rugby

Rugby was born July 3rd 2006 and enjoyed a long and happy life. Rugby came to his current pet parents, Jen and Jim, July of 2020 shortly before his owner Sue passed away from cancer.

Rugby loved hiking with his previous owner, playing with his older sister Baby and cat brother Muldoon.



Upon joining Jen and Jim's family, he walked in as if he has always been a part of the family and loved playing with Cheerio, Tinsley and his newest brother Hudson. He enjoyed many walks at different parks and ocean vacations. Though Rugby was with Jen's family for a short amount of time, he was certainly a part of the family and taught the family a lot about life and love.



June Birthdays

Heidi Allison
Waffles Budilovsky
Dottie Escalante
Aiden Oslick
Kyrie Robinson
Bolt Buco
Simba Lentz
Jennie Comstock
Rooney Miller
Rosie Chapman
Gage Wilmoth
Angel Creamer
Lilly Creamer
Eliot Zurawski
Cheese Dvorshock
Bella Massarelli
Ellie Nigro
Tulsa Adams
Mulligan Budilovsky
Luke Kelly
Vito Bearley
Phoebe Mellon

Happy Birthday, all! Paw-ty hard!

Healthy Homemade Treats for the Season

Frozen Yogurt Bites

INGREDIENTS:

- 1 large container (32 oz.) of low-fat, plain, organic yogurt
- 3 handfuls of fresh blueberries
- 1 banana
- 2 tbsp. of peanut butter
- Can be made with other fruits like apples, pineapples, watermelon, etc.



DIRECTIONS:

Chop up the banana in small pieces (or mash) and mix all ingredients together.

Place the mixture in ice cube trays and freeze for about 3 hours.

Once frozen, run hot water over the under side of the trays, pop out the bites, and serve.

Frozen Tuna Treats

Ingredients:

- Can of water-packed tuna (or canned salmon) Approximately $\frac{1}{2}$ c water
- A mixing bowl or Magic Bullet
- A Ziploc bag

Directions:

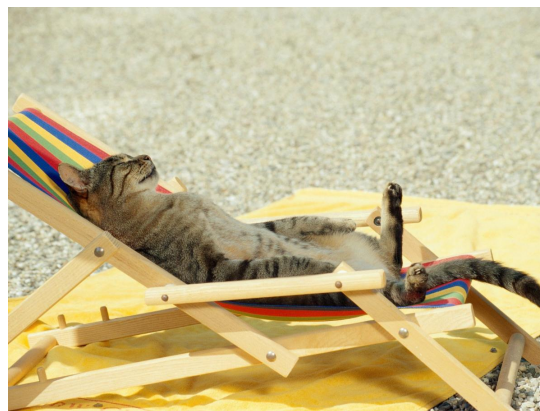
Start by mashing up the tuna in your bowl
Don't drain the tuna water as it helps with the freezing.

Add about half a cup of water to the mix.

Then mix up that tuna in a magic bullet or food processor

Fill your Ziploc bag with the mix and cut a small hole in one end. This helps save you from making a huge mess while filling up the ice cube trays.

Fill your trays and place in the freezer for a couple hours.



Barking Truth
By Comfort at Home Pet Services

Clients, followers and friends have voiced their appreciation of our educational blogs and monthly newsletters and have urged us to release a pet care podcast. We are excited to announce that we have answered the call with [Barking Truth](#), a podcast exposing the truth in the pet industry to keep all pets safe, healthy and well.

We will be releasing a new podcast every Wednesday and hope you can tune in and support pets everywhere by uncovering the truth of pet care.

Be sure to follow us on Anchor, Spotify or your favorite podcast service.

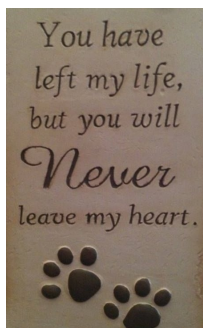


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Please email suggestions

to Jen@comforhomepetservices.com

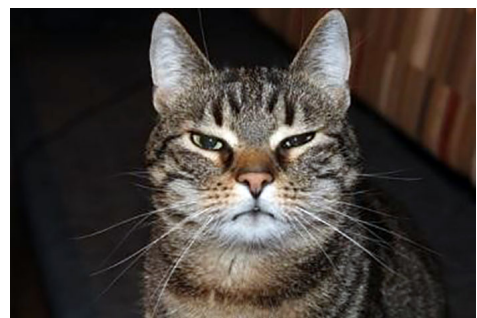
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