



## Wags and Purrs Comfort Corner

### Pet Communication



Pet parents share such a deep bond with our pets it's almost as if we can read each other's minds. This can sometimes make us forget that we don't speak the same language as

our pets. Dogs and cats communicate through smell, body language and subtle cues. We communicate through words and gestures. As pet parents an important part of communicating with our pets is through word association and incentives. If a pet is to go to a certain room when company is over or if there are certain times you want a pet to sit, or stay, they need to have associated that word with an action to understand what is being asked of them. This is actually much less complicated than it sounds. W-A-L-K. P-A-R-K. C-A-R. How many words do you have to spell because your pet has associated the word with the meaning? "Okay, Spot. Time for bed" – and your pet is in the bedroom before you are.

Effective communication will also help build a bond between you and your pet, as pets like to please and know what is expected of them. Teaching them through word association means a pet will trust that they will get the same, positive reaction from you every time they perform the action they have associated with a word.

Yelling for a pet to sit, stay, not jump or go to their bed when they haven't been taught to associate those actions with words is very stressful for a pet. They can hear frustration in our voice but don't understand why and this can lead to distrust on the part of the pet. If someone screams at you in a foreign language and then gets mad at you for not understanding what they said, it won't change the fact that you don't speak that language. It will simply mean there are two frustrated people who are yelling with no means of understanding each

### Health Tip for the Season

Going to the vet can be very scary and overwhelming for pets – new sights, new sounds and strange people and pets. Some pets also don't like to be handled and become stressed or fearful during exams. Help your pets create a good, positive association with the vet's office by providing treats. If possible, visit your vet's office with your pet when an exam is not needed. Allow them to visit, if the vet's office allows it, and work with them so they feel the vet's office is safe and secure and not a place to fear.

### Training Tip for the Season

When looking for a trainer, always make sure to choose a modern, scientific based, positive reinforcement trainer. Pets trained with aversive methods can suffer from trauma and lasting negative effects. A positive trainer will work to form a bond between you and your pet and teach you effective ways of communicating with your pet.

### Pet Sitter Tip for the Season

other. Chain yanking, shoving, pulling or screaming at our pets doesn't communicate our needs to our pets and only ends in frustration for both parties.

Yelling, frustration and punishment are no way to learn, not for us or for our pets. Our pets are intelligent and in-tune with our needs and want to please. Taking the time to learn to communicate effectively with your pet will allow for positive association, life-long memories and will teach your pet they can trust you and know what is expected of them.

Comfort at Home Pet Services is a certified fear-free company. All of our Pet Care Specialists are trained to treat pets with compassion and work towards effective training and communication without the use of fear, anxiety or pain.

## Featured Organization of the Month



### Crisis Response Canines

Crisis Response Canines (CRC) is a non-profit 501c3 organization comprised of members throughout the United States who have dedicated thousands of hours comforting individuals impacted by personal or community crisis events with their certified K-9 partners. CRC volunteers services that are provided by the handlers and their canine partners' offering a level of comfort and calmness that only a canine can afford.

The mission of Crisis Response Canines is to provide strength, comfort, and emotional support to individuals, families, communities, and first responders experiencing intense emotions in the aftermath of critical incidents. Our highly trained K9 teams are experienced in psychological first aid and certified to work effectively in crisis environments supporting any affected by mass shootings, largescale accidents, violence, abuse, tragic death, suicides, terrorism, natural disasters (fire, flood, hurricane, etc.), and more. Our goal is to establish a nationwide network of canine crisis response teams who can be deployed immediately where they are needed most. Our volunteer members and their canine partners have achieved national therapy dog certification, AKC Canine Good Citizen (CGC) Certification and Crisis Response Working Dog certifications.

CRC Members Have Participated in the Following National Crisis Deployments:

- Orlando, FL | Pulse Nightclub-mass shooting
- Las Vegas, NV | Mandalay Bay Hotel/Route 91 Harvest Festival-mass shooting
- Sutherland Springs, TX | First Baptist Church-mass shooting Parkland, FL | Marjory Stoneman Douglas High School-mass shooting
- Paramus, NJ | East Brook Middle School – Tragic Bus Accident
- Pittsburgh, PA | Tree of Life Synagogue – mass shooting
- Virginia Beach, VA | Municipal Center | Mass Shooting
- El Paso, TX | Walmart | Mass Shooting
- Dayton, OH | Ned Peppers Bar/Oregon District | Mass Shooting

Donations can be made to Crisis Response Canines at [paypal.me/crisiscanines](https://www.paypal.com/donate/?url=https://www.crisiscanines.org)



## June Birthdays

Heidi Allison  
Waffles Budilovsky  
Dottie Escalante  
Aiden Oslick  
Kyrie Robinson  
Simba Lentz  
Jennie Comstock  
Nero Dowling  
Maggie Mack  
Rooney Miller  
Gage Wilmoth  
Angel Creamer  
Lilly Creamer  
Eliot Zurawski  
Cheese Dvorshock  
Bella Massarelli  
Tulsa Adams  
Mulligan Budilovsky  
Presley Chatlos  
Luke Kelly  
Vito Bearley  
Phoebe Mellon  
Morticia Falk  
Elvira Falk

Happy Birthday, all! Paw-ty hard!

## Healthy Homemade Treats for the Season

### Frozen Yogurt Bites

#### INGREDIENTS:

- 1 large container (32 oz.) of low-fat, plain, organic yogurt
- 3 handfuls of fresh blueberries
- 1 banana
- 2 tbsp. of peanut butter
- Can be made with other

fruits like apples, pineapples, watermelon, etc.

#### DIRECTIONS:

Chop up the banana in small pieces (or mash) and mix all ingredients together.

Place the mixture in ice cube trays and freeze for about 3 hours.

Once frozen, run hot water over the under side of the trays, pop out the bites, and serve.



### Frozen Tuna Treats

#### Ingredients:

- Can of water-packed tuna (or canned salmon) Approximately ½ c water
- A mixing bowl or Magic Bullet
- A Ziploc bag

#### Directions:

Start by mashing up the tuna in your bowl. Don't drain the tuna water as it helps with the freezing.

Add about half a cup of water to the mix.

Then mix up that tuna in a magic bullet or food processor

Fill your Ziploc bag with the mix and cut a small hole in one end. This helps save you from making a huge mess while filling up the ice cube trays.

Fill your trays and place in the freezer for a couple hours.



### Barking Truth

Clients, followers and friends have voiced their appreciation of our educational blogs and monthly newsletters and have urged us to release a pet care podcast. We are excited to announce that we have answered the call with Barking Truth, a podcast exposing the truth in the pet industry to keep all pets safe, healthy and well.

We will be releasing a new podcast every Wednesday and hope you can tune in and support pets everywhere by

uncovering the truth of pet care.

Be sure to follow us on Anchor, Spotify or your favorite podcast service.



## Barking Truth

By Comfort at Home Pet Services

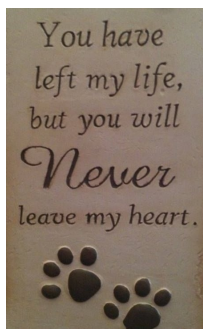


Wags and Purrs Comfort Corner strives to provide educational, informative and fun content to our readers! We love hearing your feedback on our newsletters and blogs and want to know what you, dear reader, would like to see in future newsletters and blogs. Are there topics you are interested in that we haven't covered or you would like more specific information? Please feel free to let us know. We'd love to hear from you!

Please email suggestions

to [Jen@comforhomepetservices.com](mailto:Jen@comforhomepetservices.com)

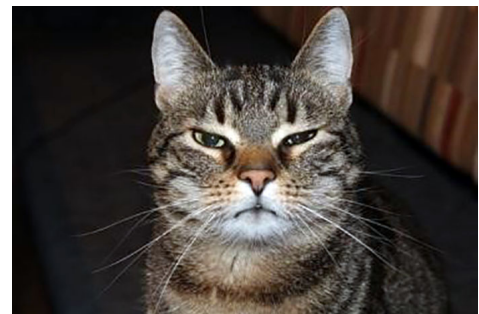
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