



## Wags and Purrs Comfort Corner

### Cat Lover's Month



"Perhaps one reason we are fascinated by cats is because such a small animal can contain so much independence, dignity, and freedom of spirit." – Lloyd Alexander.

If you're a fan of those frisky, finicky felines, you're in luck – December is Cat Lover's Month! What better way to show our feline friends our love than to offer them the best, healthiest and longest lives possible. The backbone for good health is always nutrition and cats are no different. One of the main differences between cats and dogs is that moisture content plays a large role in healthy cat food. Cats are prone to kidney issues and making sure their food has the right moisture content goes a long way in promoting kidney health. For this reason, canned, or "wet" cat food is superior to a diet of just kibble. Canned cat food has a moisture content of at least 75 percent, making it a good dietary source of water.

One of the many misconceptions about cats is that they will clean themselves. Cats still require brushing, grooming, nail care and dental care to keep them in their best possible health. Long-haired cats especially are prone to tangles and matting, which can lead to skin infections. Not all cats will require a trip to the groomers, but all – yes, even shorthaired – require brushing.

Cats are very intelligent, inquisitive creatures and need to work their minds as well as their bodies. Indoor only cats will need a way to not only keep themselves physically active, such as with cat trees and toys, but they also need to work their minds. Cats can get mental

### Health Tip for the Season

Unlike dog food, moisture content in cat food is important to your cat's health. Cats are prone to bladder and kidney issues if they don't get the recommended amount of moisture a day. Always check the moisture content of your cat's food and have water easily accessible and available.

### Training Tip for the Season

While cats can be picky when it comes to their preferred type of litter and box, if a previously litter trained cat starts having accidents or going outside of the box, it could be a sign of a medical condition. As always, it's better to check with your vet first to rule out any medical issues.

[stimulation](#) from puzzle toys, cat window seats and even homemade mazes!

As with all pets, proper veterinary care and wellness checks are critical to a cat's health. Cats are more susceptible to [upper respiratory infections](#) and kidney issues. If you notice your cat is not acting like themselves – quits playing and interacting or starts having litter box issues – it's time to schedule an appointment with your veterinarian as soon as possible.

The best way to celebrate cat lover's month is by showing our cats how much we care and what better way than to give them the best chance at health and a long life!

### Pet Sitter Tip for the Season

Some cats can be shy and hide from visitors, including pet sitters. If your cat is known to be shy, please let your Professional Pet Care Specialist know of all possible hiding spots. Cats can easily get stuck in tight places and your Professional Pet Care Specialist will want to check all known hiding spots if they can't find your cat. This ensures the safety of your cat and our Professional Pet Care Specialists.

## Featured Organization of the Month



Live Like  
Roo

Live Like Roo Foundation is a volunteer-run 501c3 that assists animals through a cancer diagnosis by providing financial and emotional support to their owners. Through grants, care packages, special experiences and genuine human support and kindness, The Live Like Roo Foundation has been able to assist over 8200 pets and their families through cancer diagnoses.

Having experienced this devastation first-hand with the loss of Roosevelt, The Live Like Roo Foundation strives to be a helping hand in a difficult and sometimes confusing time. We want to be a real life sounding board and support system for people that need guidance and hope, sharing compassion and strength along the way. Ultimately, our mission is that you and your pet will #LiveLikeRoo.

We are nationwide, but are based in Chicago. Since 2016, we have granted over \$500,000 to families going through one of the most difficult times of their lives. We also send cancer care packages that include a blanket, a tennis ball, toys, treats, a McDonald's gift card, and tissues. All of the things that Roo the rescue dog loved. All of this in the name of a dog named Roo, who passed away far too soon from cancer. We created a bucket list and he lived life to the fullest for 5 months, inspiring others to live every day like it is your last-Live Like Roo.

Donations can be made at [livelikeroo.org](http://livelikeroo.org)

Find Live Like Roo Foundation online:

[Website - livelikeroo.org](http://livelikeroo.org)

[Facebook.com/livelikeroo](https://www.facebook.com/livelikeroo)

[Instagram - http://instagram.com/livelikeroofoundation](https://www.instagram.com/livelikeroofoundation)

[Twitter - http://twitter.com/livelikeroo](https://twitter.com/livelikeroo)

## December Birthdays



Pets celebrating a birthday in the month of December!

Moose Ferson  
Elu Ferson  
Peaches Ball  
Beppe Diorio  
Lizzy Bytner  
Bella Borrasso  
Olivia LaBella  
Moonlight Gomez-O'Toole  
Maggie Gavaler  
Auri Roe  
Jake McCroy  
Cheerio Sybol  
Tinsley Sybol  
Kara Saoirse Doyle-Bucci  
Maverick McGowan  
Reginald Tarbett  
Lewie Fine  
Lux Clark  
Rosie Float  
Taylor Schroeder  
Candy Clemente

## Healthy Homemade Treats for the Season

### Christmas Cookie Dog Biscuits

#### Ingredients

- 2 1/2 cups oat flour
- 1 cup finely ground almond flour
- 4 large strawberries, diced
- 1/3 cup pure pumpkin puree
- 1/3 cup water
- 2 tablespoons coconut oil



#### Directions

Preheat oven to 350°F. Line two baking sheets with parchment paper. Set aside.

In a large bowl, mix all dry ingredients together.

In a separate bowl, mix all wet ingredients together.

Add wet ingredients to dry ingredients and thoroughly combine. Mix with a spoon or fork.

With your hands, knead dough for several minutes, eventually forming a dough ball.

Let dough rest for about 10-15 minutes in the freezer before rolling flat.

Sandwich dough ball between two sheets of parchment paper and roll flat (about 1/4" thick) with a rolling pin.

Using a cookie cutter, stamp out biscuits.

Place biscuits on baking sheet and bake 30 minutes.

Transfer biscuits to a wire rack to cool

### Crispy Liver Morsels

#### Ingredients

- 1/2 cup cooked chicken livers
- 1/4 cup water
- 1 1/4 cup whole wheat flour
- 1/4 cup cooked carrot, mashed
- 1 tablespoon soft margarine

#### Directions:

Preheat the oven to 325 F.

Place well-done livers in a blender with 1/4 cup water.

In a bowl, combine flour and margarine.

Add liver mixture and carrots and knead dough into a ball.

Roll dough to 1/4 inch thick and cut into one-inch sized pieces.

Place cookies on a greased cookie sheet and bake at 325 F for 10 minute



Comfort at Home Pet Services has been featuring many different types of contests on our social media pages! Our contests are fun and educational! Make sure you are following us on all our social media pages for your chance to enter to win fun prizes like a copy of our cookbook or e-gift cards!

You can't win if you don't play! So join the fun!

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Please email suggestions

to [Jen@comforthomepetservices.com](mailto:Jen@comforthomepetservices.com)

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Cat Misconceptions



Cat Mental Stimulation

Cat Aggression

